



ISSUE NO. 7

MARCH 2022

MARCH

NEWSLETTER



[Our Blog](#)

[Recipes](#)

[Schedule A Demo](#)

In this issue:

Friday Food Fight Presents - New featured episode! 📺

Fun February- New game! 🎮

Benefits of reading books: How It Can Positively Affect Your Life 📖

New recipe that you can try while reading your favorite book! 📖

Course Recommendations 📝

WHAT TO WATCH



FRIDAY FOOD FIGHT PRESENTS

Big Pivots, Leadership and Navigating The Pandemic



FRIDAY FOOD FIGHT PRESENTS:

Big Pivots, Leadership and Navigating The Pandemic With Chris Derico

In this episode, we discuss leadership skills and how to successfully

navigate your team through difficult times. Our very special guest

for this week are Chris Derico, School Nutrition Director at Harrison County Schools in West Virginia and Bart Christian, Nationally Recognized School Nutrition Industry Speaker.

[Click Here To Subscribe To Our Youtube Channel](#)

FUN TIME



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BOOK CLUB CHALLENGE:

Tell us about
your favorite book!



MEMORABLE MARCH

Your favorite book definitely says a lot about you as a person.

Whatever genre it may be, take pride: Your favorite book is awesome,

and don't let anyone tell you otherwise! For this month's game, we'd

like you to let us know what your favorite

book is and why is this your favorite?

LEARN



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BENEFITS OF READING BOOKS:

How It Can
Positively Affect
Your Life



Written by Rebecca Joy Stanborough, MFA

FEED YOUR MIND

They say the more you read, the more things you know. Who can disagree to that? Reading changes our life for the better. It expands our mind, lets us think creatively and also gives us different perspective to many things. Here's a great article from Healthline.com that will surely encourage you to read more/start reading!

[Click Here To Read The Full Article](#)



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VEGETABLE FRITTATA

packed with fresh
spinach, bell
peppers, and
tomatoes

by the California Culinary Centers

CHEF'S CORNER

Looking for a healthy breakfast that you can enjoy while reading your favorite newspaper/magazine? Here's a recipe from The California Culinary Centers which was developed for School Food Service Menu Planning!

[Click Here To View Full Recipe](#)

RECOMMENDED COURSES

Below is our list of recommended refresher courses to assign to your staff this month.

1. **Thermometer Calibration** - 2610/2620/2640
2. **Budgeting, Training and the Future of Serving-** 3330/4120/4130/4150/4160
3. **Common Foodborne Illnesses - The Big 6** - 2620
4. **Turning The Corner In Child Nutrition** - 3450/2230/4120/4140
5. **Customer Service - Standards & Quality** - 2230/2240

Want to take these courses but not a School Food Handler customer yet? Not a problem!

Contact us today for more information!

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