



Your School Food Handler family is wishing you a happy and healthy holidays!

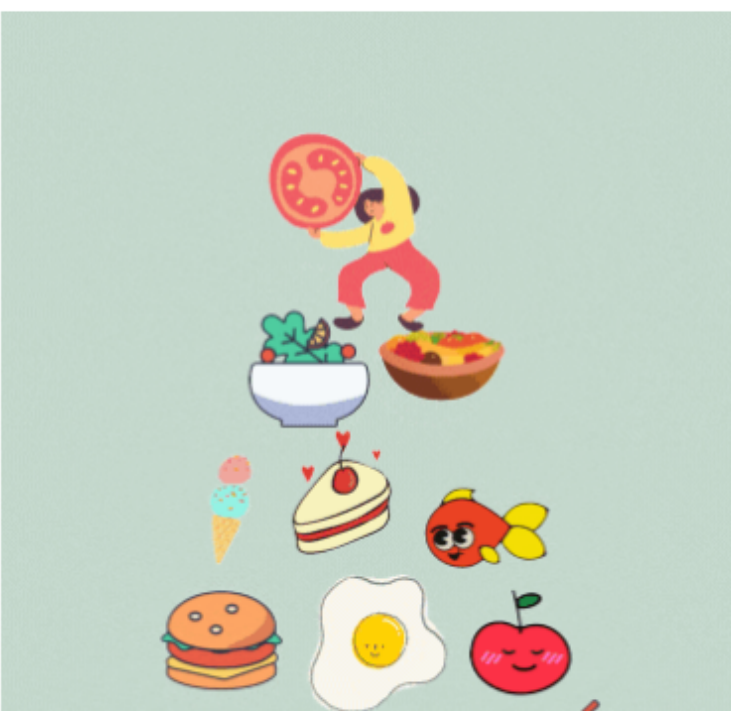
2021 has been a tough year for everyone and now that we are down to the last month of this year, we would like to commend everyone for staying strong and motivated!

For this month, let us talk about the value of coaching and having a mentor.

Here are some highlights...



## WHAT TO WATCH



### FRIDAY FOOD FIGHT

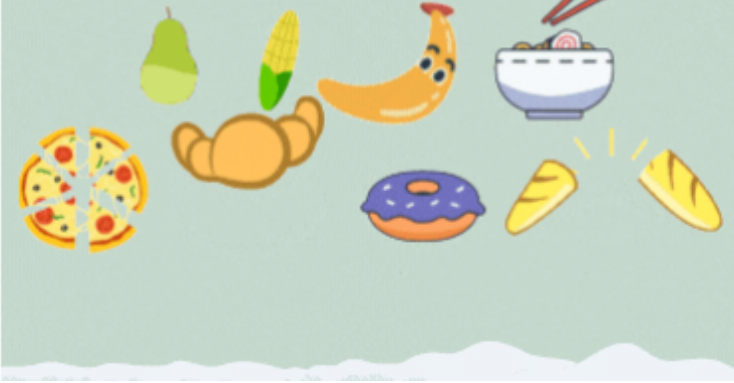
Featured episode:

#### [Developing The Leader Within](#) [Featuring Beth Wallace](#)

A leader is not *born*, but *made*.

In this episode, we talked to **Bart Christian**,

Nationally recognized speaker in the



school nutrition industry and

**Beth Wallace**, Executive Director of Food & Nutrition,

Jeffco Public Schools, about leading yourself

first so you can lead others well.

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# FUN TIME

## DECEMBER'S GAME

Get your brain ready













for some math problem!

Can you figure out what number

the Christmas tree, Snowmen, and

Snowflakes represent to solve the final equation?

### Holiday Brain Teaser!

	+		+		=	45
	+		+		=	23
	+		+		=	10
	+		×		=	?

# LEARN

The value of **coaching** and **having a mentor.**



## FEED YOUR MIND

*If your name is God then you don't need a mentor or a coach. For everyone else, let's explore the value of having one.*

Here's an article by Daniel Bobinski about the value of having a coach or a mentor.

[Click Here To Read The Full Article](#)

## CHEF'S CORNER

This slimmed down version of this classic offers the creamy mushroom flavor, sweet tang of onions, and crunch you expect from Green Bean Casserole, with 60 percent less calories and 80 percent less fat.

[Click Here To View Full Recipe](#)



Green Bean Casserole - Slimmed

THE FOOD NETWORK KITCHEN

# RECOMMENDED COURSES

Below is our list of recommended refresher courses to assign to your staff this month.

1. **Change, Challenge and Mental Health** - 3450/4120/3430
2. **Face Masks in Food Service** - 2620
3. **Supply Chains For The Future** - 2340/2440
4. **Handling Food Safely** - 2610/2620/2640
5. **Opportunities and Motivation in the New Reality** - 3410/3420/4120/4130/4140

**Want to take these courses but not a School Food Handler customer yet? Not a problem!**

[Contact us today for more information!](#)

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